

## October 25<sup>th</sup> Square — Going Public versus Remaining Obscure

### My/The Desire for Going Public

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to be true to myself  
to be in alignment with who I am  
to save the world  
to be the rescuer  
to get my message out there  
to fulfill my dharma  
to earn money doing what I love  
to serve Gaia  
to serve humanity  
to stop hiding  
to heal the world  
to contribute  
to help other people see the truth  
to raise the vibration on the planet  
to feel free  
to share myself with the world  
to embody generosity  
to spread joy  
to connect  
to feel important  
to be at peace  
to feel validated  
to get attention  
to be loved  
to be adored, worshiped  
to feel powerful  
to make a difference  
to be a huge inspiration for personal and global change  
to face the world without masks  
to be in grace  
to have influence  
to be heard  
to distinguish myself  
to challenge myself  
to be courageous  
to face my fears  
to be seen  
for my pride  
to be proud of myself  
to share love

to earn my angel wings  
to be a spokesperson for others  
to speak for others  
to reveal things that are hidden  
for disclosure  
for negative attention  
to make oneself a target  
to challenge other people's belief systems  
to broaden other people's horizons  
to respect myself  
for self respect  
to align my human personal self with my higher self  
to feed my ego  
to spread negative information  
to spread low vibe information  
to spread disinformation  
to dissolve fear  
to instill fear in others  
to expand  
to manipulate, dominate and control people  
to live my truth

### My/The Fear Of Going Public

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fear of getting out of my comfort zone  
fear of being ridiculed  
fear of being made fun of  
fear of being chastised  
fear of being an outcast  
fear of being disempowered  
fear of being ostracized  
fear of becoming a target  
fear of being hurt  
fear of dying  
fear of being killed for speaking truth  
fear of being regarded as different  
fear of not being accepted  
fear of being taunted  
fear of being tortured  
fear of spreading disinformation  
fear of ego co-opting the process  
fear of believing my own publicity  
fear of getting off track due to all the attention  
fear of losing clarity

fear of losing authenticity  
fear of losing impeccability  
fear of not being good enough  
fear of not knowing enough  
fear of the circus, chaos and confusion  
fear of butting up against limiting belief structures  
fear of personality structures becoming unglued  
fear of the responsibility  
fear of not being able to go the distance  
fear of not wanting to go the distance  
fear of being drained  
fear of having what I do be co-opted  
fear of being misunderstood  
fear of losing purity  
fear of change  
fear of losing my protective shell (does the slug mind not being a snail?)  
fear of being in the limelight  
fear of others' projections  
fear that no-one will show up  
fear of that no-one is interested  
fear of being ignored  
fear of being invisible  
fear of being visible  
fear of being hunted  
fear of failing in public  
fear of public humiliation  
fear of fame  
fear of being annihilated  
fear of being seen  
fear of losing my personal life  
fear of not being able to go out in public  
fear of losing privacy  
fear that loved ones may get hurt  
fear of harm  
fear of the family's opinion  
fear of others projections  
fear of being destabilized  
fear of making mistakes  
fear of imperfection  
fear of others projections  
fear of others projecting authority onto us  
fear of covertly inviting others to project authority onto us  
fear of not being loved  
fear of not being interesting  
fear of not being useful  
fear of not being allowed one's privacy

fear of notoriety  
fear of the wrong sort of attention  
fear of being manipulated  
fear of being manipulating others  
fear of a lot of work  
fear of dealing with attention  
fear of having to be consistent  
fear of too much work  
fear of crucifixion  
fear of public torture  
fear of being stalked  
fear of not being authentic  
fear of having the authentic self be seen  
fear of losing love  
fear of being depended on  
fear of being responsible  
fear of being blamed  
fear of failing others – not meeting their expectations  
fear of not being allowed to change  
fear of being stuck  
fear of being trapped  
fear of negative feedback  
fear of criticism  
fear of trolls  
fear of personal attacks  
fear of losing the ability to discern between spiritual/authentic ego (true self) and personal ego  
fear of losing identity  
fear of being disillusioned  
fear of commitment  
fear of being fixed in a specific form  
fear of losing integrity  
fear of feeling superior  
who the hell do I think I am anyway?  
fear of feeling worthless  
fear of worthlessness  
fear of being considered crazy or mad  
fear of having lived an illusion  
fear of being duped all this time  
fear of misogyny  
fear of vulnerability  
fear of being seen as beautiful and powerful  
fear of our authentic self being seen  
fear of being totally happy  
fear of being free  
fear of being divine

fear of making money  
fear of success  
fear of the influence of commercialization  
fear of not having enough time for everything

### My/The Desire To Remain Obscure

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to feel safe  
to not be held on a pedestal  
it's easier  
to feel free of responsibility  
to be comfortable  
to not be a target  
to keep the status quo  
to not get out of the comfort zone  
to stay in my comfort zone  
to have lots of free time  
to not have to challenge myself  
to not have to change  
to be able to keep to myself  
everything unfolds without me having to impact the world  
to be an artist  
to enjoy all of life's offering without having to change or do too much  
to avoid being co-opted by the personal ego  
to know my place and not rock the boat  
to influence more by staying in the background  
to remain humble  
to remain small  
to not get bigger than my breeches  
to know that I am not important in needing to be a catalyst or game changer  
to not have to deal with space cadets  
to not be perceived as space cadet  
to rest  
to not having to confront others  
to not having to defend myself  
not having to stand up for what I believe  
to enjoy Gaia in peace and quiet  
to be selfish  
not having to communicate  
no more nurturing others  
not as difficult to keep boundaries  
to nurture myself  
to keep sanity  
to avoid conflict / confrontation

to call in sick, exempt myself from my dharma  
to remain hidden or behind a veil  
I have more power when I'm incognito  
To manipulate others without their knowledge  
to not be seen  
to work behind the scenes  
to pull the strings; be the puppeteer  
to remain in separation  
to avoid transparency  
to sabotage the evolution of our species  
fear of telepathy  
fear of having to be impeccable  
in order to keep secrets  
to be happy  
to be peaceful  
to be alone  
to be separate  
to avoid other's pain  
desire to discern between my own and others thoughts and emotions  
to have less people in my field  
to maintain the sanctity of my field  
to not make a fool of myself  
to avoid public humiliation  
to avoid having to embrace all of life  
to not be distracted from my own work  
to put all my focus on my own self and my work  
fear to be an angel  
fear of showing our wings  
fear of flying  
fear of being arrested for standing up  
fear of jail  
fear of embodying the divine feminine  
fear of upsetting the authorities  
to get to work in peace and quiet  
to do good behind the scenes  
to indulge in apathy

#### My / The Fear of Remaining Obscure

fear of mass extinction  
fear of repeating the Atlantean mistakes  
fear of not being noticed  
fear of not having my needs met  
fear of stagnation  
fear of death  
fear of going insane  
fear of remaining stuck

fear of remaining small  
fear of masculine and feminine remaining imbalanced  
fear that not even the best processing methods will help  
fear of being apathetic  
fear of being boring  
fear of hopelessness  
fear of not being able to grow and improve myself  
fear that many remain obscure, thinking it is okay, when inspiring examples are needed  
fear of missing out on super-cool events and meeting beautiful people  
fear of supporting people who want a free ride  
fear of not enough people pulling the load intellectually  
fear of being blamed later – for the disaster  
fear of not doing my part  
fear of being the 99<sup>th</sup> monkey who prevents the tipping point  
fear of not fulfilling my dharma  
fear of not showing up  
fear of comparing negatively to successful colleagues  
fear of worthlessness  
fear of being left behind, forgotten and abandoned  
fear of the guilt of not deserving to be here  
fear of the guilt of not deserving the salary – not doing enough  
fear of remaining in the wheel of karma  
fear of missing the ascension boat  
fear of depriving the world of my gift  
fear of not achieving connection  
fear of being disconnected  
fear of choosing separation  
fear of remaining in separation  
fear of not creating the change I want to see  
fear of not making the world a better place  
fear of the karma of opting out  
fear of having to come back into a similar situation and having to deal with it all over again  
fear of not allowing my heart to open and blossom  
fear of not being able to discern between what is real and what is illusion  
fear that it will take a long time  
fear that life will stay complex  
fear of not being able to help others  
fear of judging myself harshly  
fear of not being fully alive and in joy  
fear of cowardice  
fear of not spreading joy  
fear of not sharing our gifts  
fear of not living our authenticity

fear of remaining obedient  
fear of remaining a slave  
fear of supporting the status quo  
fear of supporting structures that doesn't resonate  
fear of supporting the patriarchy  
fear of hurting others by our apathetic non-involvement  
fear of being pathetic  
fear of keeping others small  
fear of keeping others limited

### Ascended States

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to be natural  
be free  
fulfill our dharma  
balanced connection  
honoring ourselves